



7251 Standard Drive, Hanover, MD 21076  
 410-712-6000 or 301-621-2992  
 Fax 410-712-0020 & 410-712-0629  
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*Where Freshness Is Always In Season*

**Week of February 20, 2012**

***Some Items May Require a 48 Hour Notice***

## FRUIT

ITEM #	DESCRIPTION	LOCATION
322	Apples Cameo, 88/100 ct.	Shanesville Fruit Farm, Shanesville, PA
193	Apples Gold Delicious, 88/100 ct.	Rice Orchards-Gardners, PA Colora Orchards-Colora, MD
1180	Apples Red Delicious, 88 ct.	Rice Orchards-Gardners, PA Colora Orchards-Colora, MD Shanesville Fruit Farm, PA
1287	Pears Bosc, 100 ct.	Shanesville Fruit Farm, PA

## HYDROPONIC

ITEM #	DESCRIPTION	LOCATION
2118	Bibb Lettuce w/Root, 12 ct.	Mock's Greenhouse-Berkeley Springs, WVA
268	Watercress, 24 ct.	Mock's Greenhouse-Berkeley Springs, WVA
2174	Bull's Blood (Beet), 1/8 oz.	ARC Greenhouse-Shiloh, NJ
2197	Micro Greens, 2/8 oz.	ARC Greenhouse-Shiloh, NJ
2229	Pea Tendrils, 1/8 oz.	ARC Greenhouse-Shiloh, NJ
149	Upland Cress, 1 / 2 lbs.	ARC Greenhouse-Shiloh, NJ

## SPROUTS

ITEM #	DESCRIPTION	LOCATION
1508	Alfalfa Sprouts, 5 lbs.	Yong Fa Sprouts-Columbia, MD
1510	Alfalfa Sprouts, 12/4 oz.	Yong Fa Sprouts-Columbia, MD
1525	Bean Sprouts	Yong Fa Sprouts-Columbia, MD

*Availability Subject to Harvest & Weather Conditions*

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## MUSHROOMS

ITEM #	DESCRIPTION	LOCATION
295	Mushroom Medium, 1/10 lbs.	Basciani Mushroom Farm-Avondale, PA
300	Mushroom Medium Fancy, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
296	Mushroom Portabella Large, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
297	Mushroom Portabella Cap, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
298	Mushroom Button, 1/10 lbs.	Basciani Mushroom Farm-Avondale, PA
302	Mushroom Sliced ¼", 1/10 lbs.	Basciani Mushroom Farm-Avondale, PA
303	Mushroom Sliced, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
305	Mushroom Silver Dollar, 1/10 lbs.	Basciani Mushroom Farm-Avondale, PA
2123	Mushroom Crimini, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
307	Mushroom Crimini Sliced, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
2114	Mushroom Shiitake, 1/3 lbs.	Basciani Mushroom Farm-Avondale, PA
2120	Mushroom Oyster, 1/5 lbs.	Basciani Mushroom Farm-Avondale, PA
2121	Mushroom Exotic Mix, 3 lbs. <i>Yellow Oyster, Crimini &amp; Shiitake</i>	Basciani Mushroom Farm-Avondale, PA

## ALL NATURAL CHICKEN

ITEM #	DESCRIPTION	LOCATION
5787	Chicken Breast Airline, 1/8oz.	Murray's Chicken-Farm Raised Central PA
5888	Chicken Breast Cutlet 6oz., 1/40 lbs.	Murray's Chicken-Farm Raised Central PA
6701	Chicken Shell Whole 2.5lbs., 10/2.5 lbs.	Murray's Chicken-Farm Raised Central PA
6013	Chicken Shell Whole 3lbs., 10/3 lbs.	Murray's Chicken-Farm Raised Central PA
6801	Chicken Shell Cut 3lbs., 10/3 lbs. <i>Halves, Quarters or 8-Cut</i>	Murray's Chicken-Farm Raised Central PA

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## PORK

ITEM #	DESCRIPTION	LOCATION
38902	Pork Loin Chop B/IN, ea.	Leidy's-Souderton, PA
38904	Pork Shoulder B/IN, 1/12-15 lbs.	Leidy's-Souderton, PA
38905	Pork Loin Whole B/IN, 1/18-22 lbs.	Leidy's-Souderton, PA
38906	Pork Fresh Ham B/IN, 1/12-15 lbs.	Leidy's-Souderton, PA
38915	Pork Shoulder B/L, 1/8-10 lbs.	Leidy's-Souderton, PA
38920	Pork Loin Whole C-OFF, 1/15-18 lbs.	Leidy's-Souderton, PA
38921	Pork Loin B/L SEND/AL, 1/15-18 lbs.	Leidy's-Souderton, PA
38923	Pork Loin Chop B/L, ea.	Leidy's-Souderton, PA
38950	Hog Whole, 1/30-40 lbs.	Leidy's-Souderton, PA

## BEEF

ITEM #	DESCRIPTION	LOCATION
2651	Beef Ground, 1/10 lbs.	Roseda Beef-Monkton, MD
2657	Beef Patties 4oz., 1/10 lbs.	Roseda Beef-Monkton, MD
4608	Beef Patties 6oz., 27/6 oz.	Roseda Beef-Monkton, MD
2654	Beef Patties 8oz., 1/10 lbs.	Roseda Beef-Monkton, MD
4603	Beef Short Ribs, 1/10 lbs.	Roseda Beef-Monkton, MD
4604	Beef Flat Iron Steak, 1/10 lbs.	Roseda Beef-Monkton, MD
4605	Beef Tenderloin, ea.	Roseda Beef-Monkton, MD
4609	Beef Eye Round, 1/25 lbs.	Roseda Beef-Monkton, MD
4704	Beef Top Round, 1/18 lbs.	Roseda Beef-Monkton, MD
4705	Beef Steamship, 1/50-70 lbs.	Roseda Beef-Monkton, MD

## DAIRY

ITEM #	DESCRIPTION	LOCATION
910	Eggs – <b><u>CAGE FREE</u></b> , 15 doz.	Kreider Farms-Mount Joy, PA
190	Eggs Large Loose, 15 doz.	Kreider Farms-Mount Joy, PA

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## BISON

ITEM #	DESCRIPTION	LOCATION
39250	Bison Ground Frozen, 1/24 lbs.	Gunpowder Bison-Monkton, MD
39251	Bison Patties 6oz. Frozen, 1/24 lbs.	Gunpowder Bison-Monkton, MD
39252	Bison Patties 8oz. Frozen, 1/24 lbs.	Gunpowder Bison-Monkton, MD
39259	Bison Rib Eye, 1/12-15 lbs.	Gunpowder Bison-Monkton, MD
39260	Bison Strip Loin, 1/15-18 lbs.	Gunpowder Bison-Monkton, MD
39272	Bison NY Strip Steak, ea.	Gunpowder Bison-Monkton, MD
39275	Bison Delmonico Steak, ea.	Gunpowder Bison-Monkton, MD

**The Following Items REQUIRE a 48 Hour Notice**

## HYDROPONIC

DESCRIPTION	LOCATION
<b>MICRO GREENS</b>	
Arugula	ARC Greenhouse-Shiloh, NJ Mock's Greenhouse-Berkeley Springs, WVA
Basil	ARC Greenhouse-Shiloh, NJ Mock's Greenhouse-Berkeley Springs, WVA
Dandelion ( <i>Red &amp; Green Veined</i> )	Mock's Greenhouse-Berkeley springs, WVA
Greens	ARC Greenhouse-Shiloh, NJ
Mint	ARC Greenhouse-Shiloh, NJ
Mizuna	ARC Greenhouse-Shiloh, NJ
Radish	ARC Greenhouse-Shiloh, NJ
Swiss Chard ( <i>Red, Yellow &amp; Purple</i> )	ARC Greenhouse-Shiloh, NJ
Wheat Grass	ARC Greenhouse-Shiloh, NJ



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## **Sustainable Local Sourcing**

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### ***BINKERT'S MEAT PRODUCTS – BALTIMORE, MD***

- #5142 Weisswurst 4/1, 1/10 lbs.
- #5146 Bratwurst 4/1, 1/10 lbs.

### ***NICK'S SAUSAGE COMPANY – HUNTINGTON, MD***

- #1355 Sausage Maple Link 2oz., 1/10 lbs.
- #3088 Sausage Sweet Italian Link 4oz., 40/4 oz.
- #3198 Sausage Italian 4oz. Pre-Cooked, 40/4 oz.
- #4364 Sausage Patties 2oz., 1/10 lbs.

### ***ROMA GOURMET SAUSAGE – BALTIMORE, MD***

- #5053 Natty Boh Brats, 10 lbs.
- #5054 Old Bay Sausage, 10 lbs.

### ***KUNZLER FINE MEAT PRODUCTS – LANCASTER, PA***

- #2400 Ham Pit Style B/L, 3/12 lbs.
- #4575 Ham Buffet Flat 10% Water, 2/9-11 lbs.
- #5364 Bacon 18-22 Layout, 1/15 lbs.
- #5432 Turkey Breast Browned, 2/8-9 lbs.
- #4200 Liverwurst-Braunsweiger, 2/435 lbs.
- #21145 Franks Beef 8/1, 2/6 lbs.
- #21147 Franks Beef 5/1, 2/6 lbs.

### ***TULKOFF FOOD PRODUCTS – BALTIMORE, MD***

- #102439 Horseradish White, 6/1 qts.

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### ***HANOVER FOODS – HANOVER, PA***

- #11047      Corn Yellow Whole Kernel, 1/20 lbs.
- #11062      Green Peas Frozen, 1/20 lbs.
- #11604      Potato Diced 3/8" KOSHER, 1/20 lbs.

### ***BARCELONA NUT COMPANY – BALTIMORE, MD***

- #27800      Nut & Fruit Mix, 1/3.75 lbs.
- #27901      Pecan & Cranberry Mix, 48/8 oz.

### ***MARI-NU (JFC INTERNATIONAL) – SAVAGE, MD***

- #2623      Tofu X-Firm, 12/12 oz.

### ***PELLMAN FOODS – NEW HOLLAND, PA***

- #22510      Cheesecake Plain 14pc., 6/60 oz.

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